



# ESSKA Advanced Knee Arthroscopy Course - ALL about residual rotational laxity of the knee

5 June 2024 in Toulouse, France



The ESSKA Advanced Knee Arthroscopy Course is designed to provide certified Orthopaedic Surgeons thorough didactic and practical training in challenging disorders of the knee from renowned ESSKA Faculty using state of the art surgical facilities.

## ESSKA Faculty



**Prof. Etienne Cavaignac**

Course Director  
CHU de Purpan  
*Toulouse, France*



**Prof. Vincent Marot**

Hospital Nostra Senyora de  
Meritxell  
*Escaldes, Andorra*



**Dr. Nicolas Bouguennec**

Clinique du Sport de Bordeaux  
*Bordeaux, France*



**Prof. Edoardo Monaco**

Sapienza University of Rome  
*Rome, Italy*



**Dr. Simone Perelli**

Hospital Universitari  
Quiron Dexeus  
*Barcelona, Spain*



**Prof. Bertrand Sonnery-Cottet**

Centre Orthopedique Santy, FIFA  
medical Center of Excellence  
*Lyon, France*



**Prof. Wolf Petersen**

Martin Luther Hospital  
*Berlin, Germany*

## Learning objectives

Secondary restraints play a crucial role in controlling knee rotational stability.

The lectures will be directly correlated to what the attendees will perform in the laboratory. The attendee is expected to learn all about the rotatory instability of the knee

The aim of this course is to learn about and perform the various techniques of anterolateral tenodesis.

Diagnostic and therapeutic management of ramp lesions of the posterior segment of the internal meniscus will also be covered.

# Programme

## Wednesday 5 June

Start	End		
07:45	08:00	Registration	
08:00	08:10	Welcome and Introduction	<i>E. Cavaignac</i>
08:10	08:20	How to access the PM aspect of the knee	<i>S. Perelli</i>
08:20	08:30	How to suture a ramp lesion	<i>V. Marot</i>
08:30	10:00	First Lab Session	
		a. Approach of the PM aspect of the knee	
		b. Suture of ramp lesion	
10:00	10:20	Coffee break	
10:20	10:30	Why perform ALL/LET	<i>B. Sonnery-Cottet</i>
10:30	10:40	How to harvest the graft	<i>N. Bouguennec</i>
10:40	10:50	Overview of the different LET ( ALL & Lemaire) techniques	<i>E. Monaco</i>
10:50	12:30	Second Lab session	
		a. Harvesting the graft for ACL	
		b. Lat tenodesis	
12:30	13:30	Lunch	
13:30	15:30	Third Lab session	
		a. ACL	
		b. Lat tenodesis	
		c. Attendee suggestions	
15:30	15:55	Discussion on clinical cases	<i>W. Petersen</i>
15:55	16:00	Take-home messages	<i>E. Cavaignac</i>

## Course venue

### Institut d'Anatomie et de Simulation Chirurgicale

Centre de Don du Corps - Université Toulouse III

133 route de Narbonne, Bât. A4

31400 Toulouse

## Registrations

Registrations are limited to **20 people**, book your seat [here](#).

1500€ (for ESSKA members)

1700€ (for non-ESSKA members)

Registration include:

- coffee breaks
- lunch
- dinner on 5 June
- Registration to the Practical Course Orthopedics on June 6 and 7.

More information: [www.practicalcourseorthopedics.com](http://www.practicalcourseorthopedics.com)



## Hotel information

Book your hotel [here](#).

## Transfers

Nearest airport is:

Toulouse-Blagnac Airport: 30 minutes by car

Book your travel [here](#).

## Other details

Course language: English

Dress code: Business casual



## Contact information

### EUROPA GROUP

Charlotte KRAFFT

Email: [contact@practicalcourseorthopedics.com](mailto:contact@practicalcourseorthopedics.com)

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